



Now Offering Genesis Care Transitions

Genesis Care Transitions is a member of the Genesis family of services. We work with patients after they are discharged home to support and maximize their independence. This service is included in the care we provide to you; we do not bill your insurance or you. Our goal is to help you reach your goals and help you to remain at home.

What we do: The Genesis Care Transitions Team includes a Registered Nurse and a Social Worker whose jobs are to coach, teach and work with you to set goals to:

1. *Continue your recovery safely* at home, and
2. *Learn new skills* to help you care for yourself – and most importantly – to stay at home!

How we do it:

1. We coach you to make an appointment with your **Primary Care Physician** within **3-5 days** of discharge.
2. We make sure that you are able to get the medications you need and understand how to take your **Medications** safely.
3. We teach you about your **Health Conditions** and how to care for yourself.
4. We help you to recognize **Changes in Your Health** that should be reported to your doctor right away to prevent a rehospitalization.
5. We encourage you to create an **Advance Directive** document that tells others what kind of medical treatment you would and would not want if you were unable to speak for yourself.
6. We work with you to create a **Personal Health Record**. This includes your up-to-date health information.

When will I hear from the Genesis Care Transitions Team?

A **Care Transitions Social Worker** will call you after you arrive home to make sure that you are comfortable and have everything you need. The Care Transitions Nurse will call and introduce her/his role and the program in your first week at home.

Who is on the Team? In addition to you and anyone you would like to include:

Care Transitions Nurse	Carmen Stine MS, RN
Care Transitions Social Worker	Beth Scott
Doctor(s)	
Home Health Care Nurse	
Therapist (PT/OT/ST)	
Pharmacist	

What's next?

Make an appointment with your Primary Care Physician if it's not already done.

Obtain your medications as prescribed by your Genesis HealthCare Physician and begin administering per your Discharge Summary/ Medication list.

Expect a telephone call from the Transitional care Social Worker and a Genesis Care Transitions nurse.



Your Care Transitions Nurse is:
Carmen Stine MS, RN



Carmen is a native New Yorker & resides in the Delaware area with her husband. She has extensive experience in ICU nursing, Long Term Care, Home Health, Hospice, Case Management, & Nursing Management. Her extensive experience allows Carmen to manage a wide variety of patient care issues, including transitions across the continuum of care.

You can expect to hear from Carmen within your first 3 days at home. She can be reached at 201-920-6781.